

Client Form

Please read this form carefully and bring a completed, signed hard copy with you when you return to the studio after lockdown or before attending the studio for the first time. We regret that we cannot teach you without a completed and signed hard copy of this form.

Nothing in this form is intended to exclude or limit the liability of Pilates Movement Ltd (PYM), or the teachers operating at the studio from liability for death or personal injury arising from their negligence.

Subject always to this, by signing this form and through your continued attendance at the studio, you understand and agree that:

[] Whilst PYM have implemented measures in line with Government guidelines to help reduce the spread of COVID-19, such measures cannot eliminate the risk of COVID-19 transmission; and

[] By attending the studio, you may be exposed to or infected by Covid-19 (which may result in serious illness or death, especially for vulnerable individuals, such as those with underlying medical conditions).

Safety comes first at PYM. In order to help protect our clients, we need you to confirm that you will not attend the studio in the following circumstances:

[] You undertake that you will not attend the studio if you or anyone you live with experience any of the following symptoms for a period of at least 14 days after the symptom(s) have disappeared:

- Temperature above 37.8 degrees Celsius
- Loss of (or change in) smell or taste
- Sore or painful throat
- Shortness of breath or difficulty breathing
- Unusual fatigue
- Nausea, vomiting, diarrhoea, unusual abdominal pain or stomach ache



- Unusual muscle pains or aches
- Unusual skin rash or raised, red, itchy welts on skin
- Chest pain or tightness in the chest
- Unusual headache; or confusion, disorientation or drowsiness.

[] You undertake that you will comply with government guidelines and in particular, that you will not attend the studio for at least 14 days if you test positive for COVID-19 or come into contact with anyone who has tested positive for COVID-19.

If this applies to you now, please do not come to the studio.

Signature _____

Print Name _____

Date _____